

Wales Learning Disability Helpline

The Helpline gives advice on: Benefits, debt, money issues, employment, education, housing, immigration, discrimination problems.

The Wales Learning Disability Helpline can make a referral for you, or you can call Advicelink Cymru on **03444 77 20 20**

<https://www.ldw.org.uk/>



Learning Disability Wales
Anabledd Dysgu Cymru

Health Board Learning Disabilities Acute Liaison Nurses

Wrexham Maelor Hospital has dedicated Learning Disabilities Acute Liaison Nurses (ALNs). The ALNs make it easier for patients with learning disabilities to access hospital services.

Contact: Wrexham Maelor Phone: 07919302312 Landline: 01978 725547

<https://bcuhb.nhs.wales/services/hospital-services/health-liaison-for-people-with-learning-disabilities/learning-disability-hospital-services/>



Adult Learning Wales

It doesn't matter your age, learning is vital in life. We believe in providing extra skills and qualifications to adult learners, providing accessible learning to better improve their lives. We are here for you, and work with you to teach you something.

03300 580845 or text 07715 904304

Nicola Holmes (Wrexham) :
nicola.holmes@adultlearning.wales

<https://www.adultlearning.wales/en>



HFT

Hft is a national charity providing services for people with learning disabilities. We believe that people with learning disabilities should be able to live within their communities with all the choice and support they need to live the best lives possible.

01244831290

<https://www.hft.org.uk/>



The Wellbeing Hub

The Wellbeing Hub provides community, health, social care and third sector activities and service in a safe environment, to:

- improve access to information, advice and support
- deliver preventative and alternative solutions to care and support (covering physical health, mental health and wellbeing)

<https://www.wrexham.gov.uk/service/wellbeing-hub>



MENCAP

The Learning Disability Helpline is Mencap's free help and advice line. It is for people with a learning disability, their family and carers.

0808 808 1111

HELPINE@MENCAP.ORG.UK

<https://www.mencap.org.uk/>



Wrexham Council Social Services

The Adult Social Care department works with people to improve their well-being.

You can email contact-us@wrexham.gov.uk or call 01978 292066 to request an assessment.



Community Agents

Community Agents provide easy access to a wide range of information about the services available in the county and offer help to access them.

Gresford, Marford and Hosely – Ruth Thompson | 07747 431607 | communityagent@gresfordcommunitycouncil.gov.uk



AVOW

Association of Voluntary Organisations in Wrexham
Cymdeithas Mudiadau Gwirfoddol Wrecsam