

Wrexham and Flintshire Sexual Health Clinics

Appointments line - 03000 847 662

Monday to Friday - 9.00am - 1.00pm

Please note that drop in sessions can be very busy and if all slots are filled you may not be seen on that day. You do not need your GP to refer you for care, nor do you need to live locally.

Our community clinics only provide STI testing for people who do not have any symptoms. If you have symptoms/ a physical problem you need to attend a clinic at Wrexham Maelor Hospital for a full assessment.

Patients who need contraception or HIV services should call the appointment line to confirm they can be seen in these clinics.

Services include:

- Asymptomatic and symptomatic STI testing
- Condoms
- Contraception (IUCD/ IUS coils - by appointment only)
- Emergency contraception
- Hep B vaccination
- HIV testing and HIV care
- PEPSE
- Pregnancy testing
- Referral for termination of pregnancy
- Safer sex education
- Sexual assault referral
- Unplanned pregnancy advice

Clinic	Address	Every
Connah's Quay Appointment only	The Quay Health Centre, Fron Road Connah's Quay CH5 4PJ	Monday- 9.30am - 4.45pm
Chirk	Chirk Day Hospital, Off St John's Street, Chirk LL14 5LN	Wednesday- TEMPORARILY SUSPENDED
Mold	Health Centre, King Street, Mold CH7 1LB	Thursday- 9.15am - 12.15pm
Wrexham All clinics are by ap- pointment only and clinic times are subject to change	Wrexham Maelor Hospital Entrance 3, Crosnewydd Road, Wrexham LL13 7TD	Monday - 9.00am - 12.30pm / 1.30pm - 3.30pm Tuesday - 9.10am - 12.10pm / 1.30pm - 3.30pm / 4.20pm - 7.00pm Wednesday - 9.10am - 12.10pm / 1.30pm - 3.30pm Thursday - 9.10am - 11.40am / 1.30pm - 3.30pm / 3.40pm - 6.10pm Friday - 9.10am - 12.10pm / 1.30pm - 4.15pm



Young Wrexham / Info Shop

Services include:

Condoms, Contraception, Emergency hormonal contraception, Implant (by appointment only), Pregnancy testing, Referral for in-house counselling, Referral for termination of pregnancy, Sexual health guidance and support, Unplanned pregnancy advice

<https://youngwrexham.co.uk/info/sexual-health/sexual-health-2/>



Your place to find information,
news and advice in wrexham

Clinic	Address	Every
Info Shop Wrexham	1 Lambpit Street Wrexham LL11 1AR	Monday Wednesday Friday

Contraception choices

The Contraception Choices website provides honest information to help weigh up the pros and cons and help you decide which contraception is right for you.

<https://www.contraceptionchoices.org/>



Frisky Wales

<https://www.friskywales.org/wales-sti-testing-kit-test-and-post.html>

Frisky Wales is a **website devised by Public Health Wales to support all sexual health problems, concerns and queries**. The website offers Home Testing and Posting service for Sexually Transmitted Infections (STIs) such as Chlamydia, Gonorrhoea, HIV, Syphilis, Hepatitis B & C.

The website also offers information on Contraception, Unplanned Pregnancy, Relationships and Education, Sexual Assault Support, Psycho Sexual Counselling, HPV, HIV, and other Sexual Health related topics.



The C—Card

The C-Card (condom card) is a small card which will fit into your pocket, wallet or purse. Having a card means that you can get free condoms at various centres which are part of the scheme. Both young men and women can get a c-card but you must be under 25 years old. You can find your nearest C-card Centre on the [C-card website](#).

<http://cccymru.co.uk/outlets/find/>



Emergency Contraception

If your regular contraception has failed or you have had unprotected sex in the last 5 days you might be worried about being pregnant. If you need emergency contraception, known as the morning after pill, you do not need to visit your doctor. Emergency contraceptive is available free of charge at most pharmacies and sexual health clinics.



Sexwise

Sexwise is part of The Department of Health and Social Care's programme to promote sexual and reproductive health information across England. They offer honest advice about contraception, pregnancy, and STIs .

<https://www.sexwise.org.uk/>



Brook

Sexual Health and wellbeing advice for under 25's. Their help and advice section has information about sex, contraception, STI's, relationships, sexuality, pregnancy, gender, health and wellbeing, abuse and violence, staying safe online and your body.

<https://www.brook.org.uk/>



Amethyst - Sexual Assault Referral Centre - Betsi Cadwaladr University Health Board (nhs.wales)

If you've been sexually assaulted, there are services that can help. You don't have to report the assault to police if you don't want to. You may need time to think about what has happened to you. However, consider getting medical help as soon as possible,

[01492 805384](tel:01492805384) or BCU.Amethyst@wales.nhs.uk.

<https://bcuhb.nhs.wales/health-advice/sexual-health-advice/amethyst-sexual-assault-referral-centre/>

The following services will also provide treatment or support, and can refer you to another service if you need more specialist help (such as a SARC):

- a doctor or practice nurse at your GP surgery
- a voluntary organisation, such as Women's Aid, Victim Support, The Survivors Trust or Survivors UK (for male victims of sexual assault) the 24-hour freephone [Live Fear Free](tel:08088010800) helpline on [0808 801 0800](tel:08088010800)
- the Rape Crisis national freephone helpline on [0808 802 9999](tel:08088029999) (12.00pm-2.30pm and 7.00pm-9.30pm every day of the year)
- a hospital accident and emergency (A&E) department
- a genitourinary medicine (GUM) or sexual health clinic
- a contraceptive clinic
- a young people's service
- [NHS 111 Wales](tel:111)
- the police, or dial 101

