

Surgery Newsletter

September 2023

Practice Training Dates 2023

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from 12.30pm –5.00pm.

5th October 2023

16th November 2023



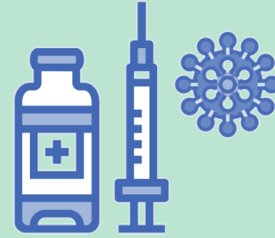
Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

In the month of July we:

- **Answered 5,568 phone calls**
- **Issued 20,831 items via prescription**
- **3,086 patients had an appointment of which 2,934 were seen face to face**
- **Made 1,398 referrals for further care**
- **Issued 208 fit notes**
- **Received 4,335 digital requests**
- **152 patients did not attend appointments**



Flu and Covid Vaccination



The 'Flu and Covid 19 vaccine programmes are now underway for Autumn 2023.

Everyone who is eligible for a 'flu vaccination is also eligible for a Covid-19 vaccination. We will be in touch when your vaccines are due, so you won't routinely need to contact us for either vaccination appointment.

Why 'flu and Covid 19 vaccination is important.

Flu and Covid 19 vaccinations are important because both Flu and Covid can be very dangerous and even life threatening for some people, particularly those with certain health conditions. There are new Covid variants circulating, so it's important to attend your vaccination appointment, even if it seems as if the risk is reducing.

How effective is the 'flu and Covid vaccine?

Vaccination gives the best protection against 'flu and Covid and becoming seriously ill or needing to go to hospital. Being vaccinated may help stop you spreading 'flu and Covid to other people who could be more at risk of serious problems.

Common Ailment Scheme

If you visit a pharmacy and have a common ailment you can ask the pharmacist for advice and treatment where required. The pharmacist may ask if you wish to register for the service. Registering means the pharmacist may supply you with a medicine you need free of charge. Your pharmacist can help you with the following ailments and illnesses as part of the common ailments service: indigestion, constipation, diarrhoea, piles, hay fever, head lice, teething, nappy rash, colic, chicken pox, threadworms, sore throat, athlete's foot, eye infections, mouth ulcers, cold sores, acne, dry eyes, dermatitis, verruca, back pain, vaginal thrush, oral thrush, scabies, ringworm, interigo, ingrowing toenails.

In the month of August 197 appointments were missed.

If you can not make your appointment please cancel in advance by calling or completing a Klinik form. These appointments can then be used by patients who require care.

We now have a **Social Prescriber** at our Llay surgery every Wednesday.

A social Prescriber can help you establish what matters to you and provide you with direct support to reach your health and well being goals. Social Prescribing can help improve your poor health, loneliness, low mood, grief, financial worries and anxiety.

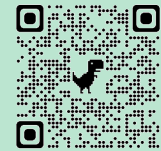
If you feel you would benefit from this service please contact 01978 830730 or complete a Klinik form on our Website.

Thank you for taking the time to read our monthly Newsletter. We hope you have found the information relevant and useful to you. If you have any feedback, please feel free to email our team at:

Generalenquiries@alynfamilydoctors.co.uk

For weekly news and updates follow us on Facebook

<https://www.facebook.com/alynfamilydoctors>



Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 510 310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003