



# Surgery Newsletter



Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

### In the month of October we:

- Answered 5,504 phone calls
- Issued 25,158 items via prescription
- 4,048 patients had an appointment of which 3,222 were seen face to face
- Made 1,396 referrals for further care
- Issued 286 fit notes
- Received 5,897 digital requests
- 131 patients did not attend appointments

### Practice Training Dates 2023

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from **1.00pm –5.00pm**.

**29th February 2024**

**18th April 2024**



### Christmas Opening Times

Both Llay and Rossett surgeries will be open as usual until Friday 22<sup>nd</sup> December.

**Friday 22nd December : 1pm-6pm ROSSETT CLOSED**

**Monday 25<sup>th</sup> December: CLOSED**

**Tuesday 26<sup>th</sup> December: CLOSED**

**Wednesday 27<sup>th</sup> December: Open**

**Thursday 28th December: Open**

**Friday 29th December: Open**

**Monday 1<sup>st</sup> January: CLOSED**

**Tuesday 2<sup>nd</sup> January: Open**





**It's important to make sure you have all the medicines you may require ahead of bank holiday closures.** Make sure to order your repeat prescription in enough time. Llay and Gresford chemist have recently become WELL pharmacies. We at Alyn Family doctors will continue to process prescription requests within our normal time. However due to Well pharmacies processing prescriptions at an offsite hub, 5 days' notice will be required for all repeat prescription requests.

For any information about medication or prescriptions during any out of hours period visit your local pharmacy.

If you run out of medicine outside of normal surgery opening hours and need some urgently, you may be able to obtain an emergency supply from a pharmacist without a prescription.

A properly stocked medicine cabinet can help you to treat many common illnesses and ailments over the festive period. The following items can be helpful.

- A first-aid kit, including bandages, plasters, a thermometer, antiseptic and eyewash solution
- Pain relief such as aspirin, paracetamol, and ibuprofen
- Oral rehydration salts
- Anti-diarrhoea tablets to relieve symptoms of diarrhoea, these will not help with the underlying cause
- Antihistamines which can help with allergies
- Indigestion relief remedies



**GWASANAETHAU FFERYLLOL DROS GWYLIAU BANC Y NADOLIG A'R FLWYDDYN NEWYDD 2023/2024  
CHRISTMAS AND NEW YEAR BANK HOLIDAY PHARMACEUTICAL SERVICES 2023/2024**

	Fferyllfa/ Pharmacy	Cyfeiriad/ Address	Rhif Ffôn/ Phone Number	Dydd Nadolig Christmas Day/ Dydd Llun/ Monday 25/12/2023	Dydd San Steffan/ Boxing Day Dydd Mawrth/ Tuesday 26/12/2023	Dydd Calan/New Year's Day/ Dydd Llun/Monday 01/01/2024
Brychdyn/ Broughton	Boots	Parc Siopa Brychdyn/ Broughton Retail Park	(01244) 538520	Ar Gau/ Closed	09:00-18:00	10:00-16:00
Y Wyddgrug/ Mold	Boots	19-21 Stryd Fawr/ 19-21 High Street	(01352) 700325	Ar Gau/ Closed	10:00-16:00	Ar Gau/ Closed
Wrecsam/ Wrexham	Boots	B6-B7 Dôl yr Eryrod/ B6-B7 Eagles Meadow	(01978) 291433	Ar Gau/ Closed	09:00-18:00	10:00-16:00
Wrecsam/ Wrexham	Rowlands	41 Rhodfa San Siôr/ 41 St Georges Crescent	(01978) 263408	11:00-13:00	11:00-15:00	11:00-15:00
Bodelwyddan	Bodelwyddan	3 Ffordd Abergele/ 3 Abergele Road	(01745) 583862	09:00-22:00	09:00-22:00	09:00-22:00

*Bydd fferyllfeydd fel arfer ond yn dosbarthu presgripsiynau brys, yn darparu meddyginiaethau brys, ac yn gwerthu meddyginiaethau dros y cownter yn ystod gwyliau banc.*

*During bank holidays, pharmacies will normally only dispense urgent prescriptions, provide emergency supplies of medication, and sell over the counter medicines*



## TOGETHER WE CAN CHOOSE WELL



TOGETHER  
WE CAN  
STAY HEALTHY



### SELF CARE

MANY MINOR ISSUES LIKE COUGHS, GRAZES AND SORE THROATS CAN BE TREATED AT HOME



### PHARMACY

MEDICAL ADVICE AND TREATMENTS FOR THINGS LIKE COLDS, TUMMY TROUBLES, RASHES, ACES & PAINS



### NHS 111

VISIT [111.NHS.UK](https://111.nhs.uk) OR CALL 111 IF YOU NEED MEDICAL HELP QUICKLY. 24/7



### MENTAL HEALTH

VISIT [111.NHS.UK](https://111.nhs.uk) OR CALL 111 FOR FREE, CONFIDENTIAL HELP, SUPPORT INFORMATION & GUIDANCE



### GP

GP PRACTICES PROVIDE ADVICE & SUPPORT ON A RANGE OF HEALTH CONCERNS



### A&E

FOR LIFE-THREATENING EMERGENCIES LIKE HEART ATTACKS. 24/7



### Order repeat prescriptions on the NHS Wales App

- Choose where your prescriptions are sent
- Order at a time that suits you
- Need help? Access support in the app



### Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 510 310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003

Rossett Community Agent- 07421 138913

Gresford Community Agent- 07747 431607

Llay Community Agent—07300 418284

For weekly news and updates follow us on Facebook

<https://www.facebook.com/alynfamilydoctors>



Thank you for taking the time to read our monthly Newsletter. We hope you have found the information relevant and useful to you. If you have any feedback, please feel free to email our team at:

[Generalenquiries@alynfamilydoctors.co.uk](mailto:Generalenquiries@alynfamilydoctors.co.uk)