

Surgery Newsletter

June 2024

Practice Training Dates 2024

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from 1.00pm –5.00pm.

20th June 2024

5th September 2024



Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

In the month of February we:

- **Answered 6,132 phone calls**
- **Issued 23,219 items via prescription**
- **3,278 patients had an appointment of which 3,127 were seen face to face**
- **Made 1,470 referrals for further care**
- **Issued 309 fit notes**
- **Received 6,760 digital requests**
- **151 patients did not attend their appointments**



Alcohol awareness week 2024 will take place from in July, this week is a chance for the UK to get thinking about drinking. This year Alcohol Change UK are focusing on raising awareness around understanding alcohol harm. Alcohol is harmful to our health and wellbeing. Alcohol can affect our sleep and our relationships with loved ones. Each year thousands of people experience long term health problems as a result of alcohol consumption.

The short-term risks of alcohol misuse include:

- accidents and injuries
- violent behaviour and being a victim
- alcohol poisoning
- Unconsciousness, coma, death
- drinking heavily over a short period of time are more likely to behave recklessly and are at greater risk of being in an accident

Persistent alcohol misuse increases your risk of serious health conditions, including:

- heart disease
- stroke
- liver disease
- cancer
- pancreatitis

There are several charities and support groups across the UK that provide support and advice

- Alcoholics Anonymous – helpline 0800 9177 650
- Al-Anon Family Groups – helpline 0800 0086 811
- DAN 24/7 Wales Drug and Alcohol Helpline - 0808 808 2234

Test Results—If you wish to know the results of any recent tests requested by your GP please complete a Klinik form or call the surgery after 11.00am. Please note when your results are received in surgery a GP will interpret the results and our team will contact you if there is any issues and/ or your tests require repeating or an appointment is required.

We have seen an increase in travel vaccine requests being made. If you think you might need travel vaccines a form is available to collect from our Llay and Rossett surgery. We require all forms to be returned at least 16 WEEKS prior to your travel date. Forms returned closer to your travel date mean we may not be able to offer an appointment and the vaccines will be less effective giving you less immunity.



Useful contact details

- Alyn Family Doctors– 0333 332 3260
- Wrexham Maelor hospital– 01978 291 100
- Llay Pharmacy– 01978 852 294
- Gresford Pharmacy– 01978 852 336
- Rossett Pharmacy— 01244 570 310
- District Nurse– 0300 084 9990
- Midwives– 01978 757 546
- Health Visitor—03000 849 980
- Cheshire Health Visitor 01244 382 111
- Phlebotomy– 03000 850 003
- Rossett Community Agent- 07421 138913
- Gresford Community Agent- 07747 431607
- Llay Community Agent—07300 418284



We may need to contact you following a Klinik submission. This may be to book an appointment or to request further information . Please ensure you are available to answer a follow up telephone call within the hours after submitting a Klinik request.



Healthcare services are here to help

Has a **ZERO TOLERANCE** policy towards

- X** offensive language or swearing
- X** verbal abuse of any kind
- X** racist comments or stereotypes
- X** threats of or actual physical harm

Poor behaviour could result in removal from the practice list.

PLEASE KEEP BEING PATIENT & KIND

For weekly news and updates follow us on Facebook

<https://www.facebook.com/alynfamilydoctors>

