

# Surgery Newsletter

## November 2024

### Practice Training Dates 2024

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following date from 1.00pm . Llay surgery will reopen at 5.00pm.

**6th March 2025**



**30th April 2025**

Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

### In the month of September we:

- **Answered 5,455 phone calls**
- **Issued 21,235 items via prescription**
- **3,294 patients had an appointment of which 3,133 were seen face to face**
- **1,699 referrals for further care**
- **Issued 250 fit notes**
- **Received 6,466 digital requests**
- **161 patients did not attend appointments**



November is Men's health awareness month

'Movember' is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide. Our practice manger John Williams is sporting a moustache throughout November for this very worthy cause.

A growing number of men – around 10.8M globally – are facing life with a prostate cancer diagnosis. Globally, testicular cancer is the most common cancer among young men. And across the world, one man dies by suicide every minute of every day, with males accounting for 69% of all suicides.

Movember strives to make a change by giving men the facts and educating men to ensure better health. A wealth of information can be found on their website <https://uk.movember.com/mens-health/general>



This month we reflect on the service of our armed forces, and remember all those who paid the ultimate sacrifice to protect our communities.



If you have ever served in the armed forces as a regular, reservist or through national service, please advise our Patient Advisor team who can add this to your medical records. There are specialised, priority service for individuals who have served in the Armed Forces, at any time in their lives and who are experiencing mental or physical health difficulties related specifically to their military service.

Help is available to anybody who is serving or has served in the British armed forces or if you are a family member of somebody who is serving or has served in the past. Find out more about healthcare services that can support you:

- On The Alyn Family doctors webpage there is a downloadable document which contains details of many organisations who support veterans and their families. [Alyn Family Doctors Downloads & Practice Policies](#)
- <https://www.nhs.uk/nhs-services/armed-forces-community/>

We are proud to say that Alyn Family Doctors is an accredited Veteran Friendly Surgery.



## This Practice is certified Veteran Friendly

The named lead is

**Eilir Davies**

The named lead has undertaken the HEIW Veterans' Health and Wellbeing module and has read the Armed Forces Covenant. This certificate is valid for 3 years from the date issued.

**18/06/2024**

Dr Christopher Price, Head of RSU  
Health Education and Improvement Wales

## Choose Pharmacy

An NHS Wales pharmacy service for adults and children living in Wales

If your pharmacist feels that it is better for you to see your GP or another healthcare professional then they may tell you to make an appointment.

**Advice and treatment for a range of common ailments without having to make a GP appointment.**



## What does the service offer?

You will receive advice and free treatment from your community pharmacist for common minor illnesses and ailments such as:

**indigestion, constipation, diarrhoea, piles, hay fever, head lice, teething, nappy rash, colic, chicken pox, threadworms, sore throat, athlete's foot, eye infections, mouth ulcers, cold sores, acne, dry eyes, dermatitis, verruca, back pain, vaginal thrush, oral thrush, scabies, ingrowing toenails**

### Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 570310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003

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<https://www.facebook.com/alynfamilydoctors>



Thank you for taking the time to read our monthly Newsletter. We hope you have found the information relevant and useful to you. If you have any feedback, please feel free to email our team at:

**[Generalenquiries@alynfamilydoctors.co.uk](mailto:Generalenquiries@alynfamilydoctors.co.uk)**