

# Surgery Newsletter

## November 2023

### Practice Training Dates 2023

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from 1.00pm –5.00pm.

**29th February 2024**

**18th April 2024**

Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

### In the month of September we:

- **Answered 5,659 phone calls**
- **Issued 21,270 items via prescription**
- **4,444 patients had an appointment of which 3,635 were seen face to face**
- **Made 1,551 referrals for further care**
- **Issued 216 fit notes**
- **Received 5,188 digital requests**
- **172 patients did not attend appointments**

We would like to congratulate Dr Edgerley, who has been running 5k a day for the past month raising money for Prostate Cancer UK, as part of the Prostate United 2023 campaign.



### Community Agents

Community agents work in our local communities to support over 50's with-

- Improving health and wellbeing
- Application and claims to access services
- Income maximization (benefit and debt support)
- Signposting to appropriate services
- Reconnecting you with your local community
- Connecting you with others using digital technology
- Establishing local clubs and activities

If you think a community agent can support you, your family, friend or neighbours please contact your local community agent below.

**Rossett Ali**– 07421 138 913

**Gresford Ruth**– 07747 431 607

**Llay Peter**– 07300 418 284



## Common ailments

Did you know that your local pharmacy can provide free, confidential NHS advice and treatment without you having to make an appointment with the GP. You can visit your pharmacist for ailments such as :


- Acne
- athlete's foot
- Back pain (acute)
- Chicken pox
- Cold sores
- Colic
- Conjunctivitis
- Constipation
- Dermatitis
- Diarrhoea
- Dry eyes
- Haemorrhoids
- Hay fever
- Head lice
- Indigestion
- Ingrowing toenails
- Intertrigo ( rash in folds of skin)
- Mouth ulcers
- Nappy rash
- Oral thrush
- Ringworm
- Scabies
- Sore throat
- Teething
- Threadworms
- Vaginal thrush
- Verruca




Thank you for taking the time to read our monthly Newsletter. We hope you have found the information relevant and useful to you. If you have any feedback, please feel free to email our team at:

**[Generalenquiries@alynfamilydoctors.co.uk](mailto:Generalenquiries@alynfamilydoctors.co.uk)**

## Order repeat prescriptions on the NHS Wales App

 Choose where your prescriptions are sent

 Order at a time that suits you

 Need help? Access support in the app



If you have problems with your NHS login account visit- <https://help.login.nhs.uk/>.

Your Medical records will not currently be accessible via the NHS Wales App.

For weekly news and updates follow us on Facebook

<https://www.facebook.com/alynfamilydoctors>

## Useful contact details

Alyn Family Doctors– 0333 332 3260

Wrexham Maelor hospital– 01978 291 100

Llay Pharmacy– 01978 852 294

Gresford Pharmacy– 01978 852 336

Rossett Pharmacy— 01244 510 310

District Nurse– 0300 084 9990

Midwives– 01978 757 546

Health Visitor—03000 849 980

Cheshire Health Visitor 01244 382 111

Phlebotomy– 03000 850 003

Rossett Community Agent- 07421 138913

Gresford Community Agent- 07747 431607

Llay Community Agent—07300 418284