

Alyn Meddygon Teulu Alyn
Family Doctors

Surgery Newsletter

September 2025

Practice Training Dates 2025

Alyn Family Doctors will be closed for staff training as part of a compulsory Welsh Government programme on the following dates from 1.00pm . Llay surgery will reopen at 5.00pm.

17th September 2025

6th November 2025

Every month we release our GP infographics which can be viewed on our social media, in our reception areas and here on our newsletter. We hope you find these infographics insightful.

In the month of June we:

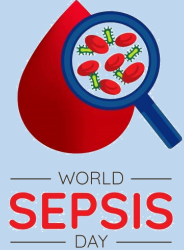
- **Answered 5,075 phone calls**
- **Issued 21,675 items via prescription**
- **3,087 patients had an appointment of which 2,973 were seen face to face**
- **Made 1,907 referrals for further care**
- **Issued 354 fit notes**
- **Received 6,860 digital requests**
- **114 patients did not attend**

appointments



September 13th is World Sepsis day

Sepsis is life threatening. It can be hard to spot. It is a life-threatening reaction to an infection.



It happens when your immune system overreacts to an infection and starts to damage your body's own tissues and organs.

You cannot catch sepsis from another person.

There are many of possible symptoms. They can present like symptoms of other conditions, such as flu or a chest infection.

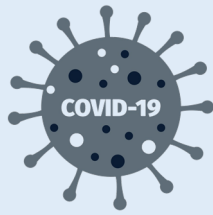
Symptoms include but are not limited to-

- difficulty breathing – for example, you struggle to speak without pausing, gasping or choking
- your lips or skin are turning very pale, blue or grey – on brown or black skin this is easier to see on the palms of your hands
- you feel more drowsy than usual or find it more difficult to wake up
- you have cold, clammy and pale or mottled skin – on brown or black skin this is easier to see on the palms of your hands
- you have a rash that does not fade when a glass is rolled over it, or looks like bruising or bleeding under the skin
- Your feeling confused, dizzy, or lightheaded

Always trust your instincts and phone 999 or attend A&E if you think there's an emergency.

Covid eligibility

This Autumn, all patients aged 75 or over and individuals who are aged 6 months or over and who are immunosuppressed will be eligible for a Covid-19 vaccination. For Alyn Family Doctors' patients, all eligible patients aged 18 or over will be sent an invitation to attend the Llay Royal British Legion for a Covid vaccination, where they will also be offered their 'flu vaccination at the same appointment. Those who do not wish to have their 'flu vaccination at the same time are able to make a separate appointment by contacting the practice.



'Flu vaccinations are available on the NHS from October 2025 (children and pregnant women from 1st September 2025).

Clinics are now available for booking via the surgery. All eligible patients with valid mobiles will be sent a booking link to choose an appointment by 12th September, with appointments available throughout the day and after work. If you have not received an invitation by 15th September, please contact

Flu vaccination

All patients in the below categories are eligible for a free 'flu vaccination on the NHS:

- All children aged 2 or 3 years old on 31st August 2025
- Pregnant women
- All patients aged 65 or over
- All patients aged under 64 with:
- Chronic respiratory disease, including asthma and COPD
- Chronic heart disease
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Asplenia
- Immunosuppression
- Adults with a BMI of 40 or over
- Carers in receipt of carer's allowance or who are the main carer of an elderly or disabled person
- School age children will be offered the vaccination with the school setting

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